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# Revolutionising Health Outcomes for Indigenous Women

Initiative Type

Model of Care

Status

Deliver

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<https://clinicaexcellence.qld.gov.au/improvement-exchange/revolutionising-health-outcomes-indigenous-women>

## Summary

Key elements of the Women's Health Nurse Practitioner rural initiative include collaboration with local GP-Obstetricians, advanced practice nurses in remote primary healthcare centres and specialists visiting Obstetric services provided by Cairns (FROGS).

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## Key dates

Jan 2017

Jan 2018

## Implementation sites

Hopevale, Wujal Wujal and Laura in a hub-spoke model from Cooktown.

## Key Contacts

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## Aim

Improve access and continuity of women's health services in a remote and rural community.

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## Benefits

- improved cervical screening rates including patient initiated appointments.
- improved access to reproduction, sexual health counselling.
- improved investigation and management of gynaecological conditions.
- improved Sexually Transmitted Disease (STI) screening, management and population health directed care.

## Background

Cooktown was the first site in Queensland to establish a Women's Health Nurse Practitioner role, in 2008. It exemplifies a Nurse Practitioner (NP) model working to the full scope of their ability – especially in rural Queensland. The position itself has grown, and skills acquired to better meet the service's needs.

## Evaluation and Results

In addition to improved continuity of care, the health service has seen a growing trust and even reliance on the service provided to our indigenous communities and success measures.

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