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# Identification of Frailty

Initiative Type

Redesign

Status

Plan

Added

09 August 2019

Last updated

05 February 2024

URL

<https://cnxp3cuvtvrn68yjaibaht5ywrxspj7m.clinicalexcellence.qld.gov.au/improvement-exchange/identification-frailty>

## Summary

Frailty screening can help identify older people with multiple interacting medical and social problems which create a vulnerability for poor outcomes. This screening identifies people who will benefit from comprehensive assessment. Across Queensland, the Clinical Frailty Scale developed by Kenneth Rockwood, has been endorsed as the agreed standard frailty screening tool.

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## Key dates

Jun 2018

Jun 2020

## Implementation sites

Older Person models of care are being implemented at 25 sites across Queensland, including 16 in the southeast corner and Cairns, Rockhampton, Gladstone, Mackay, Mount Isa, Townsville, Maryborough, Hervey Bay and Bundaberg.

## Key Contacts

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## Aim

To support improved identification of frail older persons to optimise care.

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## Benefits

- defines frailty for the Queensland context
- empowers clinicians to identify patients who would most benefit from targeted assessment
- assessment that translates into improved patient outcomes

## Background

Frail people are at greater risk of death and other adverse health outcomes compared with others of the same age. Frailty identifies a state of increased vulnerability associated with but not distinct from increasing age and presence of multiple illness's. In people who are frail, illnesses can present as nonspecific problems in walking, thinking or functioning, and standard treatments can often worsen the situation. It is vital that frailty is measured objectively and identified early in primary care to be responded to effectively.

## Solutions Implemented

Clinical Frailty Scale being implemented in public Emergency Departments across Queensland.

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