Mater Young Adult Health Centre Brisbane (MYAHCB)

Initiative Type

Model of Care

Status

Close

Added

03 August 2017

Last updated

10 December 2023

URL

https://cnxp3cuvtvrn68yjaibaht5ywrxspj7m.clinicalexcellence.qld.gov.au/improvement-exchange/myahcb

Summary

Young people attending MYAHCB can access programs such as a young adult support unit (mental health service), day program, vocational training and legal clinic. Young people have been involved in planning, design and commissioning the Centre through Mater Youth Consultancy. MYAHCB has a dedicated grand round and research program and has 5 active research projects underway. It will be

offering Young Adult medical student rotations next year.

Key dates

Jul 2015

Jul 2017

Implementation sites

Mater Health

Key Contacts

Greg McGahan

0031

paul.blee.hiu

Principal Project Officer

Mater Health

(07) 3163 8745

greg.mcgahan@mater.org.au

Aim

To provide clinical services for young adults which include a dedicated medical / surgical ward, outpatient department, Clarence Street (Statewide Drug and Alcohol programs), Mater Family and Youth Counselling Service (young offender program).

Benefits

Provides young adult health, particularly around transition from paediatric care an area of unmet need.

Background

Mater young Adult Health Centre Brisbane (MYAHCB) has been developed to meet the unique needs of young adults.

Evaluation and Results

MYAHCB has been operational for 2 years and is now delivering a range of clinical services to young adults. The Centre is sustainable and has been able to establish partnerships to fund research, develop programs and provide services outside of traditional health funding. The centre has been showcased by the Health Round Table and has had a number of visits from other services interested in developing similar models.

Lessons Learnt

Clinical redesign and partnerships lead to innovative models of care.

Further Reading

[Mater Young Adult Health Centre Brisbane](#)

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